

## EMOTIONAL CPR (eCPR)

**DATE & TIME:** January 10 & 11, 2017

**9:00 AM – 4:00 PM**

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** Special Services Group  
905 E. 8<sup>th</sup> St., Large Conference Room  
Los Angeles, CA., 90017  
*\*Entrance located on Gladys Street*

**PARKING:** Free Parking on site

The purpose of the training is to teach people to assist others through an emotional crisis. The step by step process to effectively connect, empower and revitalize individuals during a crisis situation will be thoroughly reviewed and practiced. Participants will apply these strategies through sharing of personal/lived experiences in small groups.

**TARGET AUDIENCE:** Peer Advocates, Community Workers, Consumers, Families/Friends of Consumers, Community

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Utilize eCPR (Connect, empower and Revitalize) techniques in diverse environments.
2. Identify the foundation and values of eCPR and how it differs from the conventional approach.
3. Identify ways to assist individuals experiencing an emotional crisis.

**CONDUCTED BY:** Daniel B. Fisher, MD, Ph.D., Executive Director of the National Empowerment Center

Maria Ostheimer, Emotional CPR Trainer, California Coordinator

Lois Brooks & Stella Archer, Emotional CPR Trainer

**COORDINATED BY:** Su Jung Kim, LCSW Training Coordinator  
Email: [sjkim@dmh.lacounty.gov](mailto:sjkim@dmh.lacounty.gov)

**DEADLINE:** When maximum capacity is reached

**CONTINUING EDUCATION:** NONE

**COST** NONE

DMH Employees register at:  
<http://learningnet.lacounty.gov>

Contract Providers complete  
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General



**County of Los Angeles Department of Mental Health**  
**NON-DMH STAFF TRAINING APPLICATION FORM**  
**Please Print or Type**



**Instructions**

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

*This form is not to be used for LPS Designation Training. The LPS Application is available at [lacdmh.lacounty.gov/training&workforce.html](http://lacdmh.lacounty.gov/training&workforce.html).*

Training Title

**EMOTIONAL CPR (eCPR)**

Date(s): **January 10 & 11, 2017**

Training Coordinator: **Su Jung Kim, LCSW**

County Employee Number

*(non-county employees supply the last four digits of the SSN)*

Name

Program, Service or Agency

Job Title

Address

City

Zip Code

Telephone

Email

**License or Credential Number(s)** (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

For processing, please return Application to:

**Su J Kim, LCSW**

695 S. Vermont Ave., 15th Floor  
 Los Angeles, CA 90005

**Phone:** (213)251-6422

**Fax:** (213) 252-8776

**Email:** [sjkim@dmh.lacounty.gov](mailto:sjkim@dmh.lacounty.gov)

(When faxing, there is no need to use a cover sheet)

Print Supervisor Name

Supervisor's Signature